Helix Network of Educational Choices
Stakeholder Invitation: Wellness Committee for 2026-2027 School Year

Dear Families, Staff and Faculty,

Helix Network of Educational Choices believes in nurturing students in mind, body and spirit. We are hosting a School Wellness Committee meeting to bring together families, staff, community members and students to help us live this vision. As parents and teachers, your input is particularly important, and we would be honored to have you as a Wellness Committee member. We hope you will accept our invitation and join us as we prepare our students for college, fulfilling careers, and a healthy life.

We anticipate holding meetings two times during the school year. If you have any questions or want to know more about what sort of responsibilities you would have as a member, please contact me at c.laws@helixcommunityschools.org.

Sincerely,

Charlissa Laws
Authorized Representative, Child Nutrition Program
Helix Network of Educational Choices

USDA Non-Discrimination Statement

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: https://www.usda.gov/oascr/how-to-file-a-program-discrimination-complaint, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
(2) fax: (202) 690-7442; or
(3) email: program.intake@usda.gov.
This institution is an equal opportunity provider.
A note on Louisiana protected classes: The Louisiana Constitution additionally protects individuals from discrimination based on- religion, religious ideas, beliefs, or affiliations; birth; culture; physical condition; political ideas or affiliations; and national ancestry. Please see Louisiana Constitution of 1974 Art. I, § 3. Right to Individual Dignity and Louisiana Constitution of 1974 Art. I, § 12. Freedom from Discrimination. To file a complaint, please contact the LDOE Division of Nutrition Support at 225.342.9661 or childnutritionprograms@la.gov

USDA Declaración de No Discriminación

De acuerdo con la ley federal de derechos civiles y los reglamentos y las políticas de derechos civiles del Departamento de Agricultura de los Estados Unidos (USDA, por sus siglas en inglés), esta institución tiene prohibido discriminar por motivos de raza, color, origen nacional, sexo, discapacidad, edad, estado civil, estado familiar/parental, ingresos derivados de un programa de asistencia pública, creencias políticas o represalias por actividades anteriores de derechos civiles, en cualquier programa o actividad realizada o financiada por el USDA (no todas las bases se aplican a todos los programas). Los recursos y los plazos de presentación de quejas varían según el programa o el incidente.

Las personas con discapacidades que requieran medios alternativos de comunicación para obtener información del programa (por ejemplo, Braille, letra grande, cinta de audio, lengua de señas estadounidense [ASL, por sus siglas en inglés], etc.) deben comunicarse con la agencia responsable o con el Centro TARGET del USDA al (202) 720-2600 (voz y TTY) o comunicarse con el USDA a través del Servicio Federal de Retransmisión al (800) 877-8339. Además, la información del programa puede estar disponible en idiomas que no sean el inglés.

Para presentar una queja por discriminación en el programa, complete el Formulario de Quejas por Discriminación del Programa del USDA, AD-3027, que se encuentra en línea en la página web Cómo presentar una queja por discriminación en el programa en https://www.usda.gov/es/about-usda/general-information/staff-offices/office-assistant-secretary-civil-rights/como-presentar-una-queja-por-discriminacion-en-el-programa y en cualquier oficina del USDA, o escriba una carta dirigida al USDA y proporcione en la carta toda la información solicitada en el formulario. Para solicitar una copia del formulario de queja, llame al (866) 632-9992.

Envíe su formulario o carta completa al USDA por:

(1) correo postal: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; o

(3) correo electrónico: program.intake@usda.gov.

Esta institución es un proveedor de igualdad de oportunidades.